



HOUSE GUIDELINES FOR RESIDENTS

Please read carefully as this is an agreement between residents and Reflections Recovery Home.

Reflections Recovery Home is NOT a housing community; we are a recovery-oriented community. Our philosophy is rooted in the 12 steps of recovery. We are here to encourage you through this lifesaving, life-enriching process and to hold you accountable to the following rules and guidelines:

Violation or an inability to comply with the following rules is grounds for immediate discharge. Please note that if you are discharged for any reason, the incident will be reported immediately to law enforcement and/or probation officers. We will also notify your emergency contact. No refunds are given under any circumstances.

1. EMPLOYMENT AND FINANCES

- All residents are required to work a minimum of 32, maximum of 40 hours, per week.
- Employment must be secured within two (2) weeks of arrival.
- Unemployed residents must submit at least two applications per day (Mon-Fri).
- Monthly fee is \$450 (\$225 due on the 1st and 15th). Late payments incur a \$50 fee.
- Residents may not borrow money from another resident.

2. RESIDENT BELONGINGS & HOUSE STANDARDS

- Space is limited; an equivalent of 1 large suitcase is allowed. All items must be labeled.
- No personal appliances (TVs, heaters, etc.) without Director permission.
- Rooms are subject to random inspection. Beds must be made and rooms kept tidy daily.
- Pets are not allowed.
- Chores are assigned weekly. Paying others to do your chores is NOT permitted.
- Laundry may only be run from 8:00 a.m. to 10:00 p.m.

3. CURFEW AND QUIET TIME

- Sunday–Thursday: 11:00 p.m.
- Friday–Saturday: 12:00 a.m. (Midnight)
- Quiet time is enforced after 10:00 p.m. (Sun–Thu).
- Residents must sign out when leaving and sign in immediately upon return.

4. ALCOHOL AND DRUGS

- NO use or possession of alcohol or any mind-altering/mood-changing drugs is allowed.
- Residents must submit to supervised drug screens or breath tests upon request.
- Refusal to test is considered an admission of use.
- Once asked for a sample, you must produce it within 1 hour and remain in eyesight of the Director.
- All medications and supplements must be approved by the House Director.

5. TWELVE-STEP MEETINGS

- First 90 Days: 7 meetings per week (AA/NA/Celebrate Recovery).
- After 90 Days: 4 meetings per week.
- Residents must have a sponsor, a home group, and be actively taking the 12 steps.
- Meeting cards must be signed and verified immediately after meetings.

6. BEHAVIORS & ILLEGAL ACTIVITY

- No stealing, fighting, or threats of physical violence.
- No pornographic or racial hate materials.
- No weapons or paraphernalia of any kind.
- Exclusive relationships or sex on the property is prohibited.

ABSOLUTES: IMMEDIATE DISMISSAL The following will result in immediate discharge from Reflections:

- Use or possession of mood-altering substances, including alcohol.
- Exclusive relationships between members or sex in the home.
- Any violence or threats of violence.
- Failure to report known "Absolutes" of other residents.

RESIDENT AGREEMENT & SIGNATURE

I have read and understand the House Guidelines for Reflections Recovery Home. I agree to abide by these rules as a condition of my residency.

Resident Name (Print): _____

Resident Signature: _____ Date: _____

House Director Signature: _____ Date: _____